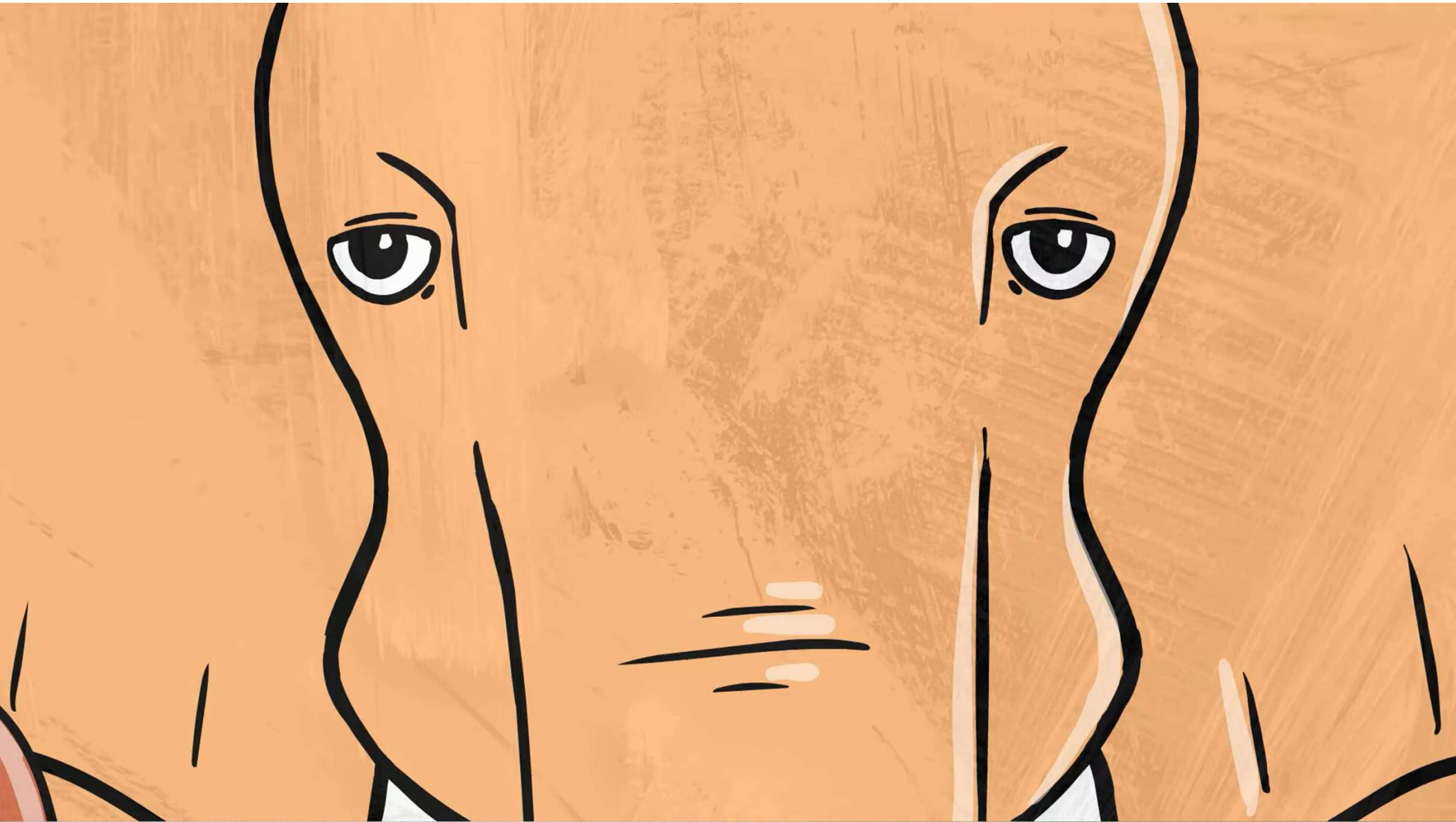




THE **ELEPHANT** IN
the church





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the church

Review

- **Taboo for a reason**
- **Disagreement**
- **All tribes nations and tongues**
- **Value Based Budget**
- **God created sex and declared it good**
- **Sin broke it, the church can fix it**
- **We need to communicate**



Our Bad

- There is no such thing as mental illness
 - Lack of Dopamine → Parkinson's
 - Too Much Dopamine → Schizophrenia
- All mental illness is sin



John 9

As he passed by, he saw a man blind from birth. 2 And his disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?”

3 Jesus answered, “It was not that this man sinned, or his parents, but that the works of God might be displayed in him.”

Our Bad

- There is no such thing as mental illness
 - Lack of Dopamine → Parkinson's
 - Too Much Dopamine → Schizophrenia
- All mental illness is sin
- It is sinful to take medications for mental illness



1 Timothy 5:23

No longer drink only water, but use a little wine for the sake of your stomach and your frequent ailments.

Proverbs 31:6-7

Give strong drink to the one who is perishing, and wine to those in bitter distress; 7 let them drink and forget their poverty and remember their misery no more.

Shapes, Sizes, and Colors

- Acute vs. Chronic
- Emotional vs. Physical
- Visible vs. Invisible



What About the Bible?

- **Anxiety**



Isaiah 41:10

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand

Philippians 4:6-7

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

What About the Bible?

- Anxiety
- Depression



The background of the slide is a photograph of a landscape. It features rolling green hills in the foreground and middle ground, with a clear, bright blue sky above. The hills are covered in dense green grass. The overall scene is peaceful and natural.

Psalm 34:17

The righteous cry out, and the LORD hears them; he delivers them from all their troubles.

2 Corinthians 1:3-4

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

What About the Bible?

- Anxiety
- Depression
- Perfectionism/OCD



Galatians 1:10

Am I trying to win the approval of men, or God? Or am I trying to please men? If I were still trying to please men, I would not be a servant of Christ

Psalm 18:32

It is God who arms me with strength and makes my way perfect



What About the Bible?

- Anxiety
- Depression
- Perfectionism/OCD
- God as Counselor



1 Kings 19

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. 2 Then Jezebel sent a messenger to Elijah, saying, “So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow.” 3 Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there.

1 Kings 19

4 But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers." 5 And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, "Arise and eat." 6 And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. 7 And the angel of the Lord came again a second time and touched him and said, "Arise and eat, for the journey is too great for you." 8 And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God.

1 Kings 19

9 There he came to a cave and lodged in it. And behold, the word of the Lord came to him, and he said to him, "What are you doing here, Elijah?"
10 He said, "I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away."

1 Kings 19

15 And the Lord said to him, “Go, return on your way to the wilderness of Damascus. And when you arrive, you shall anoint Hazael to be king over Syria. **16** And Jehu the son of Nimshi you shall anoint to be king over Israel, and Elisha the son of Shaphat of Abel-meholah you shall anoint to be prophet in your place. **17** And the one who escapes from the sword of Hazael shall Jehu put to death, and the one who escapes from the sword of Jehu shall Elisha put to death. **18** Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

So What?

- Everyone is equally broken
- Kidney stone
- No shame
- Show God's glory
- Communicate

